

Haywards Heath Bulletin 18 2026

September / October

AGM

I hope that, by now, you will have read that our AGM will be on Friday 2nd October at 2pm in the HH Methodist Church Wesley Hall. The formalities will be followed by a talk from a member of the Co-Op legal service team who will talk about how to protect your home and savings as well as inheritance tax and other financial matters.

If you cannot attend in person, please complete the on-line proxy voting form which you can find on our website <https://haywards-heath.u3asite.uk/> as this will count towards our required quorum of 10% of the membership which is now a little over 1,000.

Re-enrollment

The re-enrolment process is ticking along very nicely. Much thanks must go, not only to those of you who have already renewed your membership, but also to Pete Cogle and Marcia Bassett whose tireless work has made it such a success.

So far 924 of our 1,017 members have renewed and we have welcomed 30 new members since August 1st - so we must be doing something right!

Potential new Yoga group

Celia Wheeler, one of our newer HH u3a members, is a qualified yoga instructor. She holds a British Wheel of Yoga diploma and has had 17 years of professional teaching experience.

Her speciality is teaching yoga to those of us with various aches and pains or with limiting medical conditions, so poses can be modified accordingly.

She says that "The older I get, the more I appreciate the ease of movement that yoga has given me".

This is just an exploratory email to judge the possible interest with HH u3a membership, no specific time, day or venue has yet been agreed upon.

If you think that you might be interested in joining this proposed new group, please contact Celia on celiawheeler@gmail.co.uk

Nature Walks

The latest foray by the Nature Walkers took place on 1st day of September, the route can be seen on <http://https://out.ac/lisoHa>. Apart from fabulous view of the South Downs, butterflies, including migrant Clouded Yellows and Painted Ladies were seen, along with Small Heaths, Common Blues and a Small Copper.

Flowers were rather sparse and diminutive. Carline Thistles and semiparasitic Eyebrights were thriving despite the drought.

Bird Watchers

A new venue was recently visited by members of the Bird Watcher group, Buchan Country Park, Crawley.

Although it was overcast, the day was warm and they enjoyed a varied mix of woodland trails, ponds and heathland.

The birds were in short supply but they did manage to spot 15 varieties and a weasel!

The Horse Whisperer

A quite impressive audience of over 50 members turned up to hear first class speaker Sue Gardner, who, despite one or two technical hiccups, give an excellent, thought-provoking and, at times, even emotional discourse on the interaction between horses and mankind through the centuries and how thinking and acting like a horse could help both parties in their relationship.

Burgess Hill u3a

On Thursday October 1st, Ray Hale will be giving a talk entitled 'Charles Darwin - The man who changed the world'

This talk will be held at St Wilfrid's Church Hall, Station Road Burgess Hill from 10.30 - 11.30 doors open from 09.45 and entry is free.

Hurst, Hassocks & Ditchling u3a

On Friday 30th October there will be a talk given by James Dickinson concerning the Bayeux Tapestry.

This talk will be held in the Adastral Hall, Keymer. Hassocks at 2pm and there is a £2 entrance fee.

Don't forget, please turn up at the AGM or complete a proxy voting form - that's assuming that AI hasn't murdered us all by then.

Paul
