

HH u3a Bulletin 7 April 2026

April Action Plan

Fooling & foolish females & fellas

Prolific author of National and Sussex books, **Kevin Newman**, who has also written novels, history textbooks for schools as well as film scripts, will be looking at 'daftness' across the decades in Sussex. This will include silly schemers and those who seemed to have a death wish.

Kevin will give his talk on **Thursday April 2nd** from **10.30am- 11.30am** (doors open at 09.45am) at **Cyprus Hall**, Cyprus Road, B.H. Entry is free and refreshments will be available.

Painting Piers

On **Wednesday 15th April** at **2pm**, artist **Paul Tracey** talks about his series of paintings of the piers he has visited during his travels along the South coast stretching from London to Bristol.

This talk will be in **HH Methodist Church, Wesley Hall** and entry is £2 which includes refreshments.

Bird Watchers

The last Bird watching trip was to Rodmell, 3 miles south east of Lewes on the West bank of the River Ouse.

The sun managed to break through what started as a misty morning and an impressive list of 35 species was amassed, including:

Cetti's Warbler, Chiffchaff, Goldfinch, Lapwing, Linnet, Little Egret and Stonechat

The next trip will be to Seaford Splash Point & Hope Gap on Wednesday 8th April, interested? contact group leader Ian Woolgar for more information ianat32@tiscali.co.uk

Nature Walks



On Saturday 14th March, fifteen nature walkers enjoyed a bright sunny day and the wild daffodils at the Hyde Estate, Handcross.



And on 19th March, 5 members enjoyed a strenuous walk to find Purple Toothwort and more, to see the route and pictures: <https://out.ac/lgOmit>

Eco Friendly Living

Cleaning products, a subject recently reviewed by *'The Independent'* will be the subject for discussion at the next Eco-friendly meeting on Monday 20th April.

This will be followed by an optional garden tour (please see <https://sussexrambler.blogspot.com/search?q=garden>)

Guests are welcome, please contact Peter Lovett on hhu3anaturewalks@gmail.com for more information.

Atlantic Crossing talk

Who would have thought that sailing around the world was a good idea?

Obviously Ian Worley did, and he managed to persuade his sister, his wife and their baby daughter to go along with him.

That was in 1968 when off they went from Chichester with only the most basic of navigational aids. They were armed with the confidence born of youth that it would all be OK, and it was! A change of plan whilst in the Caribbean meant that Ian and his sister sailed back to Chichester in time for the moon landings!

Ian's talk held on Wednesday 18th March about the hazards of ocean voyaging including storms and close encounters with whales and sharks, was fascinating and had his audience enthralled.

Spire Computing

Spire Computer's next help session will be on Tuesday 14th April at St Wilfrid's Church, Burgess Hill at 2.30pm when they will be de-mystifying AI.

Feeling confused about AI? You're not alone! This jargon free, 45 minute session followed by questions and answers, will introduce Artificial Intelligence in plain English.

u3a Friends Newsletter

The online March edition of u3a Friends can be found at:

https://mcusercontent.com/656ad5962b370cc9e2731d1ed/files/9394637e-7017-b0cf-6a90-63260560f655/Your_u3a_Bitesize_Friends_Newsletter_March_2026.01.pdf

Wishing you a warm, dry and sunny Easter

Paul
